

# HEARTS AND HANDS COMMUNITY DEVELOPMENT

Issue 1



6/10/2020

## In this newsletter



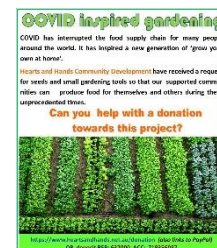
**Boxes from Hearts and Hands, Australia have arrived!!**



**Busy Hands**



**Grateful for our supporters**



**Latest fundraiser**



Kalipay and IRC Talisay are grateful for the food that we've sent.

The food has been rationed during COVID lockdown (now for the second time). During lockdown, the food is rationed to two meals per day and no morning tea or after school treats. Funding to Kalipay was reduced by 90%. They weren't sure how long the food would last.



*The children were happy to have afternoon Tea– **Cornflakes!!!!***



## What was the most favoured food item received?

Spam! An international delicacy.  
Most bewildering? Vegemite. They need some recipes to include this in their diet. Soups, meat dishes.... Other suggestions?



**GK Hope**

## Busy Hands - NO MASK, NO GO!

**No fabric stores open during lockdown.**

Masks must be worn to leave home and to shop for necessities.

Some of our supported communities have been making masks using the fabric available, including using curtains. The masks are sold to those who can pay and given to those who are unable to pay. This enables them to shop for food and other necessities.

**The children are grateful that they can help others.**



**Cabacungan**



**Sagay**



**Kalipay**





**We are grateful for our supporters.**  
**We would be unable to support these communities without you.**

**Curves, Speers Point**  
**Food and Friendship, Warner's Bay**  
**Survivors R Us**  
**Real Local Honey**

**Willing Volunteers- ribbons, packing boxes, afternoon tea**  
**And thank you to the many individuals who make donations.**

***You're invited!!!***

**Annual General Meeting** (Kilaben Bay) to be held 3pm, 31<sup>st</sup> October, 2020  
 Limited places, 20 only, please RSVP

### ***Latest fundraiser***

COVID-19 has interrupted the food supply chain for many people around the world. It has inspired a new generation of 'grow-your-own-at-home'.

**Hearts and Hands Community Development** have received a request for seeds and small gardening tools so that our supported communities can produce food for themselves and others during these unprecedented times.

### **COVID inspired gardening**

COVID has interrupted the food supply chain for many people around the world. It has inspired a new generation of 'grow your own at home'.

**Hearts and Hands Community Development** have received a request for seeds and small gardening tools so that our supported communities can produce food for themselves and others during these unprecedented times.

**Can you help with a donation towards this project?**



<https://www.heartsandhands.net.au/donation> (also links to PayPal)  
 OR deposit BSB: 637000 ACC: 719356087

