



Hearts & Hands

Community Education Programme:

We have specialised community educators to present educational workshops to the supported community members. Attendees at these workshops also involve persons from other organisations e.g. local police and welfare workers. Supported community members are provided with the means to attend education. All education is designed to raise awareness and understanding of the effects lack of knowledge has on a community young and old alike.

Our training is designed to offer the community an opportunity to continue doing the same as they have in the past or to try a different way of doing things. Our belief is in order to make change the community themselves must know of and accept another way.

We provide the tools and continued support to make decisions for change and believe this then gives the community ownership of their success.

Some of the training topics presented to date are: (but not limited to)

Health and Nutrition

Designed to give the supported community members knowledge about the importance of healthy living and eating and the implications.

Maternal/Women's Health

This programme offers women, who have traditionally had little education in regard to their own health or the health of their children, a better understanding.

Child Welfare and Protection

Child Development

Child welfare does not rate high in a society where all efforts are put into just surviving. Our programmes discuss the importance of looking after and educating the children and discuss the possible effects on the child and the community when their welfare is not treated seriously.

Individuals Right to Safety

Safety in the Community

We believe all have fundamental rights and responsibilities; here we discuss these rights and responsibilities in the context of the community we are supporting and how these rights benefit all.

Trauma / Abuse and its Effects

Communities with little to no education equally have little to no understanding of the effects trauma or abuse has on a child. This series aims to address this lack of knowledge and thus give the community the opportunity to make changes that will be beneficial to the whole community.

It is important to acknowledge the serious nature of this education programme has on a community thus it must be relevant, delivered respectfully and understood by the participants.

Our Skilled Presenters

Our presenters are well experienced and come with qualifications ranging from masters and bachelor degrees, diplomas etc. in a range of education, social work and community development as well as significant life experience.